

Contemplating the Horizon

Welcome. Take a deep breath and relax because that's what Shenandoah National Park is for.

One of Shenandoah's purposes—a reason for its establishment in 1935—is to provide the "traditional western national park experience" to the urban east. Over the years, many people have tried to define exactly what that experience is. Conservationist John Muir reported in 1914 that "Thousands of tired, nerve-shaken, over-civilized

people are beginning to find that going to the mountains is going home; that wilderness is a necessity; and that mountain parks are useful, not only as fountains of timber and irrigating rivers, but as fountains of life."

Whether you are "tired and nerveshaken" or not, Shenandoah truly is a fountain of life, both literally and figuratively. It's almost as if Muir, and others like him, could see the future. As we in the National Park Service work to fulfill our mission today, we too, must contemplate the future to be ready for whatever is on the horizon.

This issue of the *Overlook* focuses on what's ahead for Shenandoah and how we can all work together for the preservation of our national treasures for future generations. One thing is certain: it will take the hearts and minds of the American people. As you travel through the park, we hope you, too, will find that you have "come home" and be inspired to join in the stewardship of Shenandoah.



From Packard to Hybrid

Skyline Drive was constructed and opened in phases during the 1930s. In 2008, it was declared a National Historic Landmark. When the first section opened briefly in 1932, the public flocked to the Drive, making it apparent that there needed to be parking areas and overlooks so people could enjoy the views safely. In the ensuing 75 years, many areas of the Drive and its overlooks have fallen into disrepair. Shenandoah National Park has undertaken an aggressive historic preservation project to restore and rehabilitate the beautiful Civilian Conservation Corps-constructed overlooks.

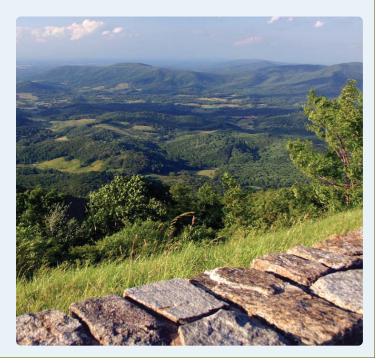
As you journey along Skyline Drive you will notice that some overlooks are closed while restoration work continues. You

What **You** Can Do!

Drive 35 and pay special attention to construction areas.

will also see overlooks which have been completed. Some have restored historic features such as log rails which had been removed; many have been reconstructed to look like they did when the CCC built them. Others have been rehabilitated to accommodate all visitors.

Enjoy your meander along Skyline Drive just as millions have over the last 75 years! And celebrate with us, the preservation and rehabilitation work that will allow future generations to have the same experience for the next 75.



Park Emergency Number 1-800-732-0911

Find Shenandoah Online

To learn more about Shenandoah, or to plan your next visit, visit our website: **www.nps.gov/shen**



"Like Us" | facebook.com Shenandoah National Park



"Follow Us" | twitter.com ShenandoahNP



"Picture Us" | flickr.com ShenandoahNP



"Watch Us" | youtube.com ShenandoahNP



Leash Your Pet in the Park!

Keep your pet on a six-foot lead at all times. If you need a leash, you can find one in the Park Stores at the visitor centers.



In addition, to ensure your pet's safety and the safety of other visitors, pets are not permitted on the following trails:

- Fox Hollow Trail (mile 4.6)
- Traces Trail (mile 22.2)
- Stony Man Trail (mile 41.7)
- Limberlost Trail (mile 43)
- Dark Hollow Falls Trail (mile 50.7)
- Story of the Forest Trail (mile 51)
- Bearfence Rock Scramble (mile 56.4)Frazier Discovery Trail (mile 79.5)
- Old Rag Ridge Trail
- Old Rag Saddle Trail



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Shenandoah National Park

3655 U.S. Highway 211 East Luray, Virginia 22835 (540) 999-3500 www.nps.gov/shen

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.

PARK ACCESSIBILITY

Restrooms and Buildings

Most are accessible or accessible with assistance.

Lodging

Accessible overnight accommodations are available at Skyland Resort, Big Meadows Lodge, and Lewis Mountain. (800) 999-4714.

Picnic Grounds and Campgrounds

Accessible sites are available at all park picnic grounds and campgrounds. Accessible shower and laundry facilities are available at Big Meadows, Lewis Mountain, and Loft Mountain campgrounds. Restrooms at picnic grounds are accessible or accessible with assistance.

Information

Information or assistance may be obtained by telephoning the Virginia Relay Center at (800) 828-1120 (TDD) or (800) 828-1140 (Voice) or by writing to the park: Shenandoah National Park 3655 US Hwy 211 East Luray, VA 22835 (540) 999-3500 www.nps.gov/shen

Superintendent's Welcome

Welcome to Shenandoah National Park. Last year, in 2011 we celebrated our 75th Anniversary. As part of that celebration, we recognized the vision of the energetic people who answered the call to action that brought about Shenandoah's establishment in the 1930s. But, because national parks are created for future generations, we know we cannot rest on our past successes. We can celebrate the past, but we must also look forward to the future.

This edition of the *Overlook* is full of ways you can get involved in the preservation of your national park. Whether it's joining one of our partner organizations, volunteering, or learning how to explore Shenandoah in ways that ensure its preservation, we welcome your contribution.



Martha Bogle, Superintendent, **Shenandoah National Park**

I hope you have a wonderful time enjoying Shenandoah. There are thousands of acres of endless natural wonders. And, among the sounds of nature I hope you'll hear the call to action heard by the generations before us. It's our time to stand up for our national parks and inspire the next generation of stewards.

leave no trace

Ensuring that future generations can enjoy Shenandoah National Park is everyone's responsibility. Follow the Leave No Trace principles to help take care of Shenandoah. Learn more at www.LNT.org.

- 1. Plan Ahead and Prepare
- 2. Travel and Camp on Durable Surfaces
- 3. Dispose of Waste Properly
- 4. Leave What You Find
- 5. Minimize Campfire Impacts
- 6. Respect Wildlife
- 7. Be Considerate of Other Visitors

Get to Know Shenandoah's Partners

Behind every great park are some great partners and Shenandoah is no exception! The dedicated staff and volunteers of our partner organizations have contributed time, talent, and money to help Shenandoah fulfill its mission. Get to know our fantastic support team.



www.patc.net

The **Potomac Appalachian Trail** Club (PATC) was founded in 1927 even before the park was established. The club's mission is to protect Shenandoah's 101 miles of the Appalachian Trail. PATC volunteers work thousands of hours each year to help maintain Shenandoah's trail system and six overnight cabins, as well as shelters and huts.



www.snpbooks.org

If you stop by one of the visitor centers, you'll meet the **Shenandoah National Park Association (SNPA)** staff and see that they are fulfilling their mission to increase understanding, appreciation, and stewardship of the park through their sales items. SNPA uses the profits to support the park's educational programs. Members of SNPA support the park while receiving great discounts.



www.snptrust.org

The **Shenandoah National Park**

Trust is a non-profit fundraising and community-building partner. The Trust is dedicated to protecting resources, enhancing your experience in the park, and building a community committed to enriching Shenandoah's future. The money the Trust raises supports important projects including search and rescue equipment and an upcoming exhibit on air quality.

Making a Home for Wildlife

Seventy-five years ago, the animals most commonly seen by visitors to the brand new Shenandoah National Park were squirrels, chipmunks, rabbits, and skunks. A few deer were known to be in the southern section of the park. Visitors rarely reported seeing bears.

Today, we estimate that there are several thousand deer in the park and 300 to 500 bears often observed by delighted visitors. What's the reason for the difference over the years?

- Habitat has changed. Open fields and former pastures were allowed to return to woodland. Today, Shenandoah National Park is 95% forest. Diverse species of hardwood trees, predominantly oaks, have grown to maturity and provide shelter and food for wildlife.
- Habitat is protected, starting with the soils, streams, and plants.
- Natural balance is protected. Everything benefits when forests are allowed to go through their natural cycle of growth, death, and decay.

What does this mean for the future? As the forest continues to age, some old trees will die. But the opening left by one tree will soon be filled with exuberant new growth of other plants continuing the process of renewal that's been going on for the past 75 years.

What You Can Do!

- Observe wildlife from a distance. If your presence causes the animal to change direction or stop what it's doing, you are too close.
- Keep food away from wildlife. Last year, the park had to kill an aggressive bear that had gotten into food that was not properly stored.
- Keep your pet on a leash no longer than 6 feet (2 meters) long.

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Connecting for the Future

Technology and nature don't always see eye to eye. While the mighty Red Oak takes decades to reach its full potential, innovation springs from creative people on a daily basis, only to be old news in a matter of months. Information travels much faster through the circuit wires of a computer than it does through the dense foliage of the forest, and songbirds still claim to have "tweeted" long before any human with access to the Internet.

What business does this emerging technology have within the gentle boundaries of nature? No one



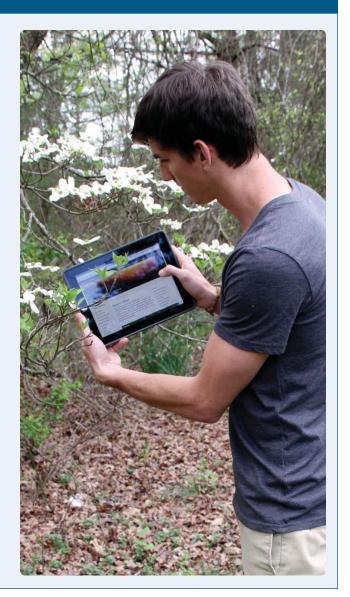
wishes for the murmur of a cascading stream to be pierced by the shrill overtones of a ringing cell phone. There is a common ground, however, where technology and nature can meet. In fact, if implemented wisely, the amalgamation of the two can reveal a perfect friendship: a complement of the best that each has to offer.

According to a recent study conducted by the National Park Service, visitors receive only 22% of their park information through personal contact, as opposed to the

62% that they get through various forms of media. Social media sites such as Facebook and Twitter create an avenue for visitors to share their experiences with others, while also receiving instant updates about road closures, weather conditions, and other breaking news. Flickr and YouTube lead a plethora of other websites that enable visitors and park employees alike to post breathtaking pictures and videos of the park through a free and easily accessed channel.

"...visitors receive only 22% of their park information through personal contact, as opposed to the 62% that they get through various forms of media."

Aside from social media, Shenandoah is also exploring new ways to connect with the public for the next 75 years. From mobile phone apps to virtual tours of hiking trails and beyond, staying technologically relevant is one of the best ways to engage the youth who are the future stewards of Shenandoah and the National Park System. This emerging technology isn't meant to replace the experience of actually visiting the park; rather, it is meant to educate the mind, inspire the heart, and excite the spirit by painting a more complete portrait of our beloved Shenandoah National Park.



Engaging Kids

Today's youth are tomorrow's caretakers of

Shenandoah National Park. How can kids get to know Shenandoah and make those special connections that inspire stewardship?

Shenandoah's Education Staff develops and hosts special programs for youth. For the last three years, kids from northern Virginia experienced a special adventure called Camp SEED: Students Experiencing Environmental Discovery. For many, this was their very first experience in a national park. Campers were awed by the mountaintop views, the sunset, the stars, wildlife sightings, and the quiet! One camper summed up her experience: "This place is special because it shows how beautiful life is, not how ugly it is. It makes you want to make a difference in life and for the greater good."

There are many exciting ways for young people to enjoy and learn about this national treasure through first-hand experiences.

Summer youth work programs such as the Youth Conservation Corps and internships through the

Student Conservation Association provide real-life work experience in road and trail maintenance, natural resource management, and visitor services. Look for these students and interns out in the park clearing trails, monitoring fledgling peregrine falcons, and leading interpretive hikes.

The Junior Ranger and Ranger Explorer programs are great ways to get to know Shenandoah better through fun activities that inspire deeper exploration of the park. Check out an Explorer Backpack from one of the visitor centers. The backpack contains all the ranger tools a family needs to learn about the park together.

Special family and youth programs provide ideal ways to connect with Shenandoah, especially for those who may be unfamiliar with large outdoor areas and national parks. Join the ranger-led Discovery Walk and other interpretive programs to get up close and personal with nature and history through guided activities.

If you are unsure about hiking with your children in the "wilds" of Shenandoah, ask a ranger for the best trails that would meet your comfort level. Better yet, join avid hiker and noted author Jeff Alt at his special "Get

Your Kids Hiking!" program. Jeff shares simple techniques and suggestions for basic equipment that can turn any walk in the woods into a safe, fun-filled adventure that kids of all ages will enjoy.

What will your children take away from their visit to Shenandoah National Park?

What You Can Do!

Get Your Kids Hiking! June 23, July 14, August 11 Byrd Visitor Center (mile 51)

Hiking expert, Jeff Alt, teams up with the Rangers to guide families on a short hike loaded with tips to explore the outdoors. A few simple techniques and basic equipment are all you'll need for a safe, funfilled adventure that kids of all ages and parents will enjoy. Come prepared for a short hike.

Jeff Alt is the author of A Walk for Sunshine and the forthcoming book, Get



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Recreation

Learning Today, Playing Tomorrow

PRESERVATION

Resources

Learning Today, Protecting Tomorrow

For 75 years people have come to the mountains of Shenandoah National Park for relaxation and adventure. Thanks to individual efforts in the past to protect Shenandoah, you can still enjoy and explore this place. You're here! Now what? There is so much to discover. Here are a few favorites!

Hike to a View

Feel like you are on top of the world! Although you can no longer see the Washington Monument like visitors 75 years ago, on a clear day you can see layers and layers of mountains to the west. While looking at the view, remember to look down at your feet too. Keeping your feet on the trail will help you stay safe and also protect the little plants that call the rocky mountaintops home. Some of these plants are endangered. So, while exploring Compton Peak, Stony Man, Hawksbill, or Frazier vistas, be aware of the sensitive vegetation.

Hike to a Waterfall

Ahh, the sound of cascading water is so relaxing! Take time to gaze into the calm pools. The Brook Trout are a sign that park streams are healthy. In summer when cool streams are most refreshing, there may not be as much water from rainfall, so check for current waterfall conditions. If starting from Skyline Drive, while the water continues downhill, remember you will need to hike back up the steep trail. Dark Hollow and Jones Run are popular destinations. Cascading streams, such as Jeremys Run, Rose River, and Doyles River are always refreshing.

Walk Through History

What was life like for people who called these mountains home before the park was established? Clues can be found along the trails-apple trees, spring daffodils, stone walls, and standing chimneys all indicate family homes. Exhibits tell the stories of Shenandoah's past. Explore the former Civilian Conservation Corps Camp site at Big Meadows, historic Massanutten Lodge of the early Skyland resort, and Rapidan Camp, the summer White House of President Hoover.

Join a Ranger Program

Learn the stories behind the scenery, engage in your Shenandoah experience, and learn more about how you can help. Pick a program (or lots!) from the schedule on the back cover and see Shenandoah through the eyes of a Ranger!

Over a million people visit the park each year, and the future of Shenandoah depends upon each of you! What you do will influence the future of Shenandoah. From keeping your distance from wildlife to staying on the trails, you can help to protect your park for future generations.

To conserve the scenery and the natural and historic objects and the wild life therein and to provide for the enjoyment of the same in such manner and by such means as will leave them unimpaired for the enjoyment of future generations.

-The Organic Act which created The National Park Service, August 25, 1916















National Parks provide opportunities for us to learn about our shared natural and cultural heritage—including opportunities to observe nature's complex interactions, to discover how our past affects the present, and to experience the connections between the land and all those who walk upon it.

The Science Behind Preservation

While best known for its recreational opportunities, Shenandoah also provides a living laboratory where we can study the complexities of the natural world that all living things depend upon for survival. The park's plant and animal communities are intertwined with the geology, landscape, and climate, delivering irreplaceable "ecosystem services" like wildlife habitat, migration corridors, biodiversity, air purification, watershed functions, carbon storage, and scenic landscapes.

Understanding the Resources

But in today's rapidly changing world, for the National Park Service to achieve its mission of protecting this natural system "unimpaired for the enjoyment of future generations," it is crucial for park managers to identify and understand as many ecosystem interactions as possible. Shenandoah's staff and research partners have a long history of researching, inventorying, and monitoring flora and fauna; tracking population changes; identifying the arrival and impact of non-native species; and studying the relationships between living components and non-living ones-air, water, chemical, and climate.

Managing for Preservation

It was Aldo Leopold, early ecologist, who said "to keep every cog and wheel is the first precaution of intelligent tinkering." Holding on to every species and maintaining the delicate natural balance is particularly challenging in such a mechanized and industrialized world. To learn more about specific studies and management decisions, visit the "Science & Nature" pages of our website. The body of information collected by Shenandoah's scientists is essential to making wise decisions that will play a part in the preservation of this special place and all its complex components for future visitors to enjoy.

What You Can Do!

All the Time!

- Become educated. Better understanding makes better decisions.
- Reduce, Re-use, Recycle!
- Conserve energy (and money!) Choose efficient



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Visitor Services: May 26 - September 3

(September) and at www.nps.gov/shen

FRONT ROYAL

> Lodging Reservations: Online www.visitshenandoah.com or (800) 999-4714

> Campground Reservations: Online www.recreation.gov or (877) 444-6777

Dickey Ridge Visitor Center (mile 4.6)

8:30 a.m. - 5:00 p.m. (Daily)

Open until 6:00 p.m. on Friday/Saturday

Information, ranger programs, exhibits, orientation movie, park store, picnic grounds

Mathews Arm Campground (mile 22.2)

\$15, some sites reservable, group sites available, potable water, sewage disposal, no trailer hookups

Elkwallow Wayside (mile 24)

Grill and carry-out, groceries, gas, camping supplies, gift shop, picnic grounds, wood and ice 9:00 a.m. - 7:00 p.m. (Daily)

Skyland Resort (miles 41.7 and 42.5)

Front Desk: (540) 999-2212 (not for reservations)

Dining room, lodging varying from traditional rooms to historic cabins to suites, pet-friendly rooms available, gift shop, activities, and live entertainment

Dining Room:

Breakfast: 7:30 a.m. - 10:30 a.m. Lunch: Noon - 2:30 p.m. 5:30 p.m. - 9:00 p.m. Dinner:

2:00 p.m. - 11:00 p.m. (Food service ends & last call at 10:30 p.m.) Taproom:

8:00 a.m. - 10:00 p.m. Gift Shop:

Stables: Call 540-999-2210 for reservations

2.5-hour rides: 8:45 a.m., 1:00 p.m. (Daily)

1-hour rides: 9:00 a.m., 11:00 a.m., 1:30 p.m., 3:30 p.m., 5:00 p.m.

Big Meadows (mile 51)

Byrd Visitor Center:

8:30 a.m. - 5:00 p.m. (Monday-Thursday)

8:30 a.m. - 6:00 (Friday/Saturday/Sunday)

Information, exhibits, ranger programs, movies, park store

Wayside

Restaurant and carry-out, gift shop, groceries, camping supplies, gas 8:00 a.m. - 8:00 p.m. (Daily)

Big Meadows Lodge

Front Desk: (540) 999-2222 (not for reservations)

Historic dining room, taproom, live entertainment, gift shop, pet-friendly rooms available, lodging includes historic main lodge rooms, rustic cabins, and suites

Dining Room:

Breakfast: 7:30 a.m. - 10:00 a.m. Noon - 2:00 p.m. Lunch: Dinner: 5:30 p.m. - 9:00 p.m.

Taproom: 4:00 p.m. - 11:00 p.m. (Monday-Friday)*

> 2:00 p.m. - 11:00 p.m. (Saturday/Sunday)* *Food service ends and last call at 10:30 p.m.

Gift Shop: 8:00 a.m. - 9:00 p.m.

Campground: \$20, most sites reservable, group sites available,

sewage disposal, potable water, no trailer hookups

Showers/Laundry/Woodyard:

8:00 a.m. - 8:00 p.m. (Daily)

Wood and ice available at the gas station when attendant not on duty

Lewis Mountain (mile 57.6)

Cabins: covered patios, picnic tables and grills, pet-friendly, secluded forest setting

Campstore: groceries, camping supplies, gifts, wood, ice, showers/laundry

9:00 a.m. - 6:00 p.m. (Sunday-Thursday) 9:00 a.m. - 7:00 p.m. (Friday/Saturday)

Campground: \$15, first-come, first-served, no trailer hookups

Loft Mountain (mile 79.5)

Wayside: restaurant, gift shop, gas 9:00 a.m. - 7:00 p.m. (Monday-Friday) 8:00 a.m. - 7:00 p.m. (Saturday/Sunday)

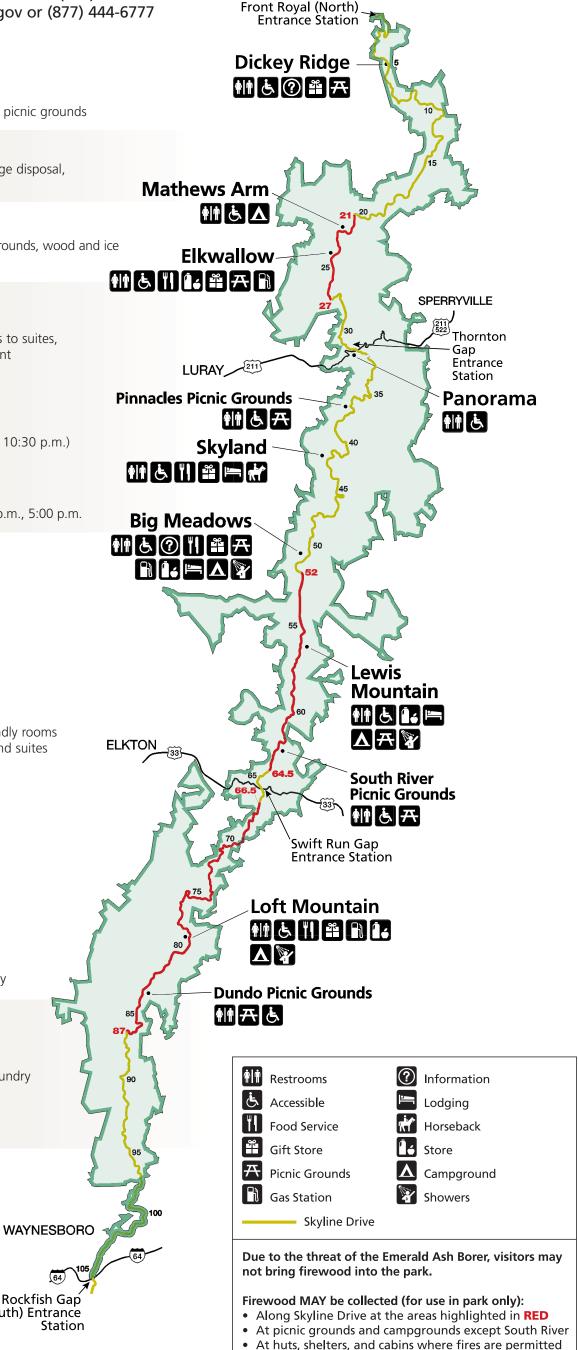
Campstore: groceries, camping supplies, wood, ice

8:00 a.m. - 7:00 p.m. (Sunday-Thursday) 8:00 a.m. - 8:00 p.m. (Friday/Saturday)

Campground: \$15, some sites reservable, group sites available, sewage disposal, no trailer hookups

Showers/Laundry:

7:30 a.m. - 8:00 p.m (Daily)



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Rockfish Gap

Station

(South) Entrance

ARAMARK Presents... Family Activities and Events!

Continuing a tradition set by George Freeman Pollock, proprietor of a resort at Skyland long before the park was established, ARAMARK, the official concessioner, offers a variety of activities and events for visitors. A few are highlighted here. For details, pick up a Calendar of Events brochure at restaurants, lodges, and visitor centers.



Tea With the First Ladies

Journey through the history of two of America's most spirited women, Lou Hoover and Eleanor Roosevelt. Historian Babs Bodin, former director of the Museum of American Presidents, presents an informative narrative while desserts from the First Ladies' favorite recipes are served with teas. Held at Big Meadows Lodge.



Blackberry Delight

Saturday - July 21 There's a long tradition in the Blue Ridge of picking berries for jams and jellies. Big Meadows Wayside staff will use blackberries in foods such as pulled pork with a blackberry BBQ sauce, cobbler, jellies, ice cream, and more. There will be bluegrass music, cloggers, craft vendors, and kids' crafts and face painting. A great way to spend the day with the whole family!.



Culinary Events

The Shenandoah Seasonings Culinary Events are an experience for your senses! Weekly cooking demos are held Tuesdays and Thursdays, and Virginia wine tastings are held every Thursday beginning at 3:00 pm. Also look for our monthly wine dinners: Skyland's Executive Chef and Virginia vintners lead guests through a 4-course menu of delectable items paired with wines. Held at Skyland.



Backyard BBQ & S'mores

Saturday – August 18 The ARAMARK culinary team is putting together a scrumptious menu for this Backyard Barbecue event. BBQ ribs, BBQ chicken, BBQ pork, fresh sweet corn on the cob and other sides. And, of course, the ultimate S'mores table! There will be pony rides, hoola hoop, watermelon seed spitting, and bean bag toss contests for kids, and wine tasting for the adults. Live bluegrass bands, gospel singers, and cloggers



Pick up a copy of ARAMARK's Calendar of Events for a complete list of activities, dates, and times or visit www.visitshenandoah.com

Shenandoah National Park Association

The Shenandoah National Park Association (SNPA) invites you to stop by our Park Stores at Dickey Ridge Visitor Center (mile 4.6) or Byrd Visitor Center (mile 51).

SNPA carries a variety of items that will help you enjoy and learn more about Shenandoah: books and maps for planning hikes, and nature guides for learning more about the trees, birds, wildflowers, and wildlife. Rent a Junior Ranger backpack filled with field guides, magnifying lens, binoculars, and an activity booklet!

You may also be interested in becoming a member of the Association! You'll receive many benefits while supporting the mission of the organization. Profits from sales are used to fund interpretive and educational activities including the printing of this visitor guide.

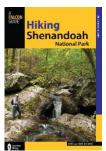


Shenandoah National Park

3655 U.S. Highway 211 East Luray, Virginia 22835 Online Store: www.snpbooks.org Email: snpa@shentel.net



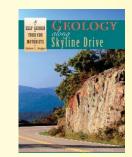
What's New in 2012!



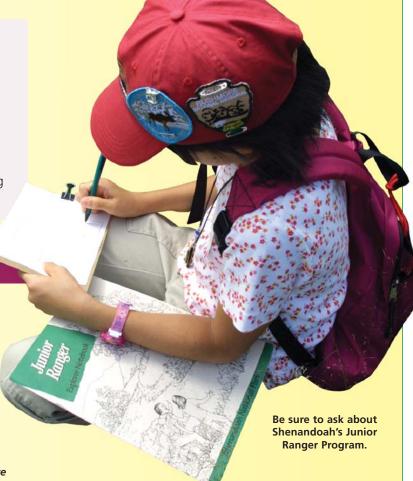
Hiking Shenandoah National Park Revised edition with color photos



2013 Shenandoah National Park Calendar



Re-printing of the popular Geology Along Skyline Drive



www.nps/gov/shen Shenandoah Overlook 7

Ranger Programs: May 26 to September 3

Fall schedule will be available in the Fall Overlook (September) and at www.nps.gov/shen

► Wear sturdy shoes and bring water on hikes. ► Programs will be canceled in the event of lightning or other severe weather.

North District (Dickey Ridge, Elkwallow, Mathews Arm)		SUN	MON	TUE	WED	THU	FRI	SAT
Terrace Talk – Spend 10 minutes learning about a special feature of Shenandoah National Park. Daily in the morning. <i>Dickey Ridge Visitor Center (mile 4.6).</i>	Ė		Check	at the Info	rmation De	sk for talk s	schedule.	
Discover Fox Hollow Trail – Explore the Fox family homestead. 2 hours. 1.2 miles, moderate. <i>Dickey Ridge Visitor Center, East Terrace (mile 4.6).</i>			10:30 am			1:30 pm		
Wild About Bears – Learn about Shenandoah's largest mammal. 20-minute talk. Dickey Ridge Visitor Center (mile 4.6), Mathews Arm Campground (mile 22.2), Elkwallow Wayside (mile 24.1).	Ė	EW 2:30 pm		DR 2:30 pm	DR 2:30 pm			DR 2:30 pm EW 4:00 pm
Mount Marshall Hike – Hike along the historic Appalachian Trail to a spectacular view of the Shenandoah Valley. 1.5 miles, moderate. 2 hours. <i>Mount Marshall Parking Area (mile 15.9)</i> .		2:30 pm		2.00 p	2:30 pm		Dit 2.00 piii	244 1.00 pm
CCC – Celebrate the legacy of the Civilian Conservation Corps at one of the original camps in Shenandoah National Park. 30 minutes. <i>Piney River Trailhead (mile 22.1)</i> .			3:30 pm					2:30 pm
Ranger Insights – Join a ranger for a 20-minute overview of things to do at Mathews Arm Campground. Amphitheater parking area (mile 22.1).				7:00 pm				
Evening Hike – Explore the forest as day turns into night. Easy, 1 .5 hours. <i>Mathews Arm Amphitheater Parking (mile 22.1).</i>								7:00 pm
Skyland (miles 41.7 and 42.5)		SUN	MON	TUE	WED	THU	FRI	SAT
Stony Man Hike – From historic copper mine to home for rare, vulnerable animals and plants, Stony Man has stories to tell. 1.6 miles, moderate. 2 hours. <i>Stony Man Trailhead (mile 41.7)</i> .		10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am
Discovery Walk – Discover the plants and animals that make Shenandoah a special place. 1 hour, easy. <i>Meet at Skyland Amphitheater.</i>			11:00 am		11:00 am		11:00 am	
Ancient Volcano Hike – The rocks of Shenandoah preserve the story of an ever-changing earth. 2 miles, moderate. 2 hours. <i>Timber Hollow Overlook (mile 43.3)</i> .		2:00 pm		2:00 pm		2:00 pm		2:00 pm.
Junior Ranger Program – Explore Shenandoah through fun and educational activities. Ages 7-12. Adult must accompany child. 1.5 hours. <i>Meet at Skyland Conference Hall (lower road)</i> .			2:00 pm		2:00 pm		2:00 pm	
Story of the Limberlost – Stories of change, loss, and hope are found in this dramatic forest. 1.2 miles, easy. 1.5 hours. <i>Limberlost Trailhead (mile 43)</i> .	Ė	3:00 pm		3:00 pm		3:00 pm		3:00 pm
Bear Necessities – Black bears thrive here because Shenandoah protects forest habitat. Discover the role you play in their survival. 20-minute talk. <i>Skyland Dining Hall Terrace</i> .	Ġ	4:00 pm		4:00 pm		4:00 pm		4:00 pm
Where the Wild Things Are – Celebrate the wild things of Shenandoah during this 20-minute talk. <i>Skyland Dining Hall Terrace.</i>	Ė		4:00 pm		4:00 pm		4:00 pm	
Massanutten Lodge – Experience the stories of early Skyland Resort as you tour the restored bungalow of Addie Pollock. 1 hour. <i>Meet at Skyland Conference Hall (lower road)</i> .	Ė		4:00 pm		4:00 pm		4:00 pm	
Campfire Program – Join a Ranger for this National Park Service tradition. Dress for cool mountain nights. 45 minutes. <i>Skyland Amphitheater</i> .	Ė	8:30 pm		8:30 pm		8:30 pm		8:30 pm
Big Meadows (mile 51)		SUN	MON	TUE	WED	THU	FRI	SAT
Birds of Prey – Meet live raptors and learn about their vital role in the ecosystem. 1 hour. <i>Big</i>	Ė	10:00 am		10:00 am		10:00 am		10:00 am
Birds of Prey – Meet live raptors and learn about their vital role in the ecosystem. 1 hour. Big Meadows Amphitheater, near picnic area. Discovery Walk – Discover the plants and animals that make Shenandoah a special place.	Ġ	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am
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8 Shenandoah Overlook